

PREFACE

Unplugging the Patriarchy is part truth, part fiction—what might be described in literary terms as a fictionalized memoir.

My accounts of spiritual teachings, for instance, which have been woven throughout the book, can be classified as nonfiction. They are drawn from journals I kept in the 1980s, during my apprenticeship to an enlightened master who taught the art of advanced mysticism. In addition, it is true that I collaborated with other women—all of whose names have been changed here—to investigate the formative energies of the male-dominated patriarchal system that has oppressed females for more than five thousand years.

As for the psychic perceptions and mystical experiences that drive the story...those are more difficult to classify, as they are impossible to verify with the left brain. Psychic perception cannot be verified objectively because it is the art of seeing things that lie beyond the physical plane. The seer transcends the three normal methods of perception—loosely defined as *sensing* (with the physical body's five senses), *analyzing* (with the mental body's electrical activity), and *feeling* (with the emotional body's chemical reactions)—and enters a realm where she or he simply *knows* things. It is a fourth method of perception, a shorthand for apprehending something's true nature.

All of us are psychic at birth. Living in an age that worships *reason*, however—one in which we are constantly programmed to deny or, at best, belittle this precious gift—very few of us retain our psychic abilities beyond childhood. Most of us, if we are so inclined, must relearn this skill, an undertaking that has engaged me for more than a quarter century.

Mysticism, at least for the purposes of this story, is the art of power. Because the word *power* has come to be associated with its *abuse*, one might, in order to avoid any negative connotation, define it as the art of energy, or the mechanics of how energy works in our world. It is an art that involves perfect form and movement—movement into alternate dimensions.

Before meeting my teacher, I, like most people, assumed that the third dimension—our physical environment that we commonly refer to as the “real world”—was the sum total of reality. Then my teacher's mystical training catapulted me into alternate dimensions—planes of awareness that intersect and overlap the third dimension—and shattered my former concept of reality forever.

Both psychic perception and mysticism deal with alternate dimensions. Psychic perception consists of *discerning* things in alternate dimensions. Mysticism involves *entering into* them.

Seen in this light, mysticism is a high art that has been practiced in the mystery schools of Atlantis and ancient Egypt, remembered by adepts as they have incarnated in one lifetime after another, and handed down from teacher to student in halls of esoteric knowledge far from the beaten path. As such, my own training in mysticism with my teacher began in the Atlantean cycle, took a left turn in ancient Egypt, and was completed in America in the 1990s.

In the pages that follow, psychic perception, mysticism, and alternate dimensions are further defined, along with related concepts. Seasoned travelers on a spiritual path are welcome to skip over these passages. Other sections of the book explain ways in which various components of the New World Order—the banking system, the World Trade Organization, the Council on Foreign Relations, and the Bilderbergers, to name a few—limit consciousness. Readers well educated in these matters may wish to bypass such descriptions.

Finally, one additional term begs defining: the *solar feminine*, a style of femininity that my spiritual teacher cultivated in his female students. The solar feminine embodies *yang* energy, strength, passion, creativity, and action—qualities that have not been appreciated in females since the Matrilineal Era of some 6,000 years ago. The solar feminine is quite different from the lunar feminine, whose *yin* energy is gentle, receptive, and nurturing...the only type of femininity that has been acceptable throughout the Patriarchal Age.

Quite recently, this solar feminine energy has taken root on the planet in a profound way and has begun to manifest more and more in the physical world. The Divine Feminine, in all of her lunar/solar glory, has taken the reins on Planet Earth. This shift has resulted from the tireless efforts of innumerable light-workers around the world who have prayed and meditated in order to assist Earth as she transitions out of the Patriarchal Age into the new Aquarian Age of post-2012.

The comprehensive story of how this accomplishment came to be is like an intricate tapestry woven of countless threads. *Unplugging the Patriarchy* is but one thread, one tale, one journey of service and spiritual growth.

Lucia René, March 2009